



# Gastroenterology Associates of West Florida

## Digestive Diseases and Nutrition

*Diplomates American Board of Gastroenterology*  
*Diplomates American Board of Internal Medicine*

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### **Preparing for Esophagogastroduodenoscopy (EGD or Upper endoscopy)**

You are scheduled for an upper endoscopy on \_\_\_\_\_.

- **The Surgery center will call you one day prior to the procedure with the time.**
- You need to HOLD Coumadin, Plavix, Fish Oil, Vitamin E, Multivitamins, Arthritis Pills, and Ibuprophen unless otherwise instructed for five (5) days prior to the exam. You may take Tylenol and/or Narco, or Percocet.
- **WE WILL NOT PERFORM THE EXAM ON PATIENTS WHO COME ALONE.**

You will not be able to drive home after the test if you receive sedation. You **must be accompanied** by someone who can see you home after the exam.

Please be courteous to others and call with cancellations at least 72 hours prior to the procedure.

Make appropriate arrangements for copay and deductibles with the surgery center.

#### **One day prior to the exam:**

1. Do not eat any solid food after 7 p.m. the night prior to the exam.
2. Between 7:00 p.m. and 12:00 a.m. (midnight), you may have clear liquids only. **Nothing that contains alcohol.**
3. Nothing by mouth after midnight prior to the exam.

#### **The day of the exam:**

1. Take only blood pressure, heart, and lung medication as discussed with your doctor, with a sip of water.

**DO NOT TAKE DIABETIC MEDICATION THE AFTERNOON OR EVENING OF THE DAY BEFORE, OR MORNING OF YOUR PROCEDURE**

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Doctor Doing procedure: \_\_\_\_\_

Doctors are available 24 hours day or night. Please call if you have problems with prep, questions about medications, or any other concerns: Call (727).846.7031 Or (352).666.1441