



Gastroenterology Associates of West Florida

Digestive Diseases and Nutrition

*Diplomates American Board of Gastroenterology
Diplomates American Board of Internal Medicine*

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PREPARING FOR ESOPHAGOGASTRODUODENOSCOPY (EGD or UPPER ENDOSCOPY)

You are scheduled for Upper Endoscopy on _____
You should arrive at _____ by _____ Please be prompt.

Please be courteous to others and call with cancellations at least 72 hours prior. Make appropriate arrangements for co-pays and deductibles with the Surgery Center.

ONE DAY PRIOR TO THE EXAM

1. Nothing by mouth after midnight prior to the exam
2. Do not eat any solid food after 7 PM the night prior to exam.
3. Do not eat or drink at least 6 hours prior to the procedure.

THE DAY OF EXAM

1. Take only Blood Pressure, Heart and Lung medication as discussed with your doctor with a sip of water. Do not take diabetes pills or insulin.
2. Do not wear make-up or nail polish.

Doctors are available 24 hours day or night. Please call if you have problems with prep, questions about medications, or any other concerns: Call (727) 846-7031 or (352) 666-1441.