



# Gastroenterology Associates of West Florida

## Digestive Diseases and Nutrition

*Diplomates American Board of Gastroenterology  
Diplomates American Board of Internal Medicine*

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### **Preparing for Esophagogastroduodenoscopy (EGD or Upper endoscopy)**

You are scheduled for an upper endoscopy on\_\_\_\_\_.

- **The Surgery center will call you one day prior to the procedure with the time.**

Please be courteous to others and call with cancellations at least 72 hours prior to the procedure.

Make appropriate arrangements for copay and deductibles with the surgery center.

#### **One day prior to the exam:**

1. Do not eat any solid food after 7 p.m. the night prior to the exam.
2. Between 7:00 p.m. and 12:00 a.m. (midnight), you may have clear liquids only. **Nothing that contains alcohol.**
3. Nothing by mouth after midnight prior to the exam.

#### **The day of the exam:**

1. Take only blood pressure, heart, and lung medication as discussed with your doctor, with a sip of water.

**DO NOT TAKE DIABETIC MEDICATION THE AFTERNOON OR EVENING OF  
THE DAY BEFORE, OR MORNING OF YOUR PROCEDURE**

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

Doctor Doing procedure: \_\_\_\_\_

Doctors are available 24 hours day or night. Please call if you have problems with prep, questions about medications, or any other concerns: Call (727).846.7031 Or (352).666.1441